

Cornerstone Schedule 2023-24

| Date | Class Lecture Title (different from the manual titles) | Manual Lesson |
|------------------------------------|--|---------------|
| The Foundation | | |
| 6-Sep | You Can Change! | 1 |
| 13-Sep | The Process of Change | 2 |
| 20-Sep | God's Resources for Growth - Sufficiency of Scripture | 3 |
| 27-Sep | God's Resources for Growth - Holy Spirit and Prayer | 3 |
| 4-Oct | Comparison of Counseling Models | 4 |
| The Heart | | |
| 11-Oct | The Downward Spiral | 5 |
| 18-Oct | The Upward Path | 5 |
| 25-Oct | The Heart of Change | 6 |
| 1-Nov | The Biblical Structure for Change | 7 |
| 8-Nov | Overcoming Temptations | 8 |
| The Christian Life | | |
| 15-Nov | The Fallacy of Self-Esteem | 9 |
| | No Class - Thanksgiving | |
| 29-Nov | Biblical Principles of Stewardship | 10 |
| 6-Dec | Dealing with Anger, Part 1 | |
| 13-Dec | Dealing with Anger, Part 2 | 11 |
| | No Class - Christmas Break | 11 |
| 10-Jan | Forgiveness, Part 1 | 12 |
| 17-Jan | Forgiveness, Part 2 | 12 |
| 24-Jan | Reconciliation/Restoration | 13 |
| Marriage and Family* | | |
| 31-Jan | Marriage: His Role | 14 |
| 7-Feb | Marriage: Her Role | 14 |
| 14-Feb | Marriage: Conflict Resolution | 15 |
| 21-Feb | Sex God's Way | N/A |
| 28-Feb | Parenting, Part 1 | 16 |
| 6-Mar | Parenting, Part 2 | 17 |
| 13-Mar | Overcoming Pornography | N/A |
| The Christian Life (cont'd) | | |
| 20-Mar | No Class | |
| 27-Mar | Depression, Part 1 | |
| 3-Apr | No Class - Easter Break | 18 |
| 10-Apr | Depression, Part 2 (Medication)** | 18 |
| 17-Apr | Fear and Worry, Part 1 (The Problem of Evil) | 19 |
| 24-Apr | Fear and Worry, Part 2 (Overcoming) | 19 |
| 1-May | Life Dominating Patterns of Sin, Part 1 | 20 |
| | Life Dominating Patterns of Sin, Part 2 <i>(video and student notes will be sent via email)</i> | 21 |
| 8-May | Decision Making and Gray Areas | 22 |

Turn in each lesson's homework the Wednesday after the full lesson is taught.

Please note that some lessons extend for 2 weeks which will give you more time to complete that lesson's homework. (Example: Lesson 1 is taught 9/6 & HW ought to be turned in by 9/13; Lesson 3 is taught on 9/20 and 9/27 & HW ought to be turned in by 10/4.)

*This series (only) is open to all, so please invite friends and family, asking them to simply notify us at BCM@northcreek.org.

**Taught by Dr. Matthew Rehrer